

Packing List for Round the World Travel in Hot to Moderate Climates

Clothing & Accessories:

- 1 pair comfy sneakers/walking shoes
- 1 pair sneakers/hiking shoes
- 1 pair dress up/down shoes (Minnetonka)
- 1 pair flip flops (Airwalk)
- 3 pairs underwear ([ExOfficio](#))
- 1 regular bra and 1 sports bra
- 2 pairs hiking/thick socks ([Smartwool](#))
- 2-4 pairs slip-on socks ([Smartwool](#))
- 1 Icebreaker tank, 2 light stylish tanks
- 1 Xersion t-shirt, 1 light stylish t-shirt
- 2 long-sleeve button down over-shirts
- 1 sweater/sweatshirt ([Icebreaker](#))
- 2 pants, 1 skinny and 1 loose for hiking
- 1 leggings (Icebreaker)
- 1 pair shorts
- 1 swim shorts (also for everyday wear)
- 1 bikini top, 1 bikini bottom
- 2 lightweight scarves
- 1 rain jacket ([Quikpac](#))
- 1 pair sunglasses w/ case
- 1 pair eyeglasses w/ case
- 1 pouch with inexpensive jewelry
- 1 pair gloves and 1 earmuffs

Toiletries:

- superabsorbent XL towel ([Packtowl](#))
- wash cloth (Salux)
- makeup
- hard perfume
- multi-purpose soap ([Dr. Bronner's](#))
- razor w/ extra blades (Schick)
- deodorant
- [DIVA cup](#) and wash
- hair paste (Joico)
- toothpaste
- foldable toothbrush
- contact lens solution, case, and eyedrops
- 8 boxes contact lenses
- oil-based sunscreen ([Riemann](#))
- hand sanitizer
- coconut oil + eucalyptus oil (insect repellent)
- nail file
- small manicure set (no scissors)
- clothesline
- tide pen

- mini sewing kit
- re-useable spoon

Gear:

- 2 TSA-approved baggage locks
- sleeping liner ([Silk](#))
- waterproof smartphone cover
- pair headphones (Sol)
- smartphone car & wall chargers
- travel adapter plugs for specific destinations
- solar charger (XTG-SOL 1500)
- digital camera (Olympus) and charger
- float-able camera strap
- gripping camera tripod ([Joby](#))
- tablet/laptop (Surface Pro 2)
- smart phone, unlocked (Windows OS)
- external drive
- lightweight, roll-up tote bag
- day pack (any foldable/collapsible bag)
- tote bag and roll-up reusable bag
- collapsible water bottle ([Platypus](#))

First aid kit:

- Emergen-C
- Imodium
- Ibuprofen
- Malaria pills
- Water purification tablets
- Ear plugs
- Tea tree oil
- Band-aids/gauze
- Neosporin
- Tweezers
- safety pins, baggy ties, bands and close pins
- blister tape
- Compeed
- Contact card
- 2-3 pill boxes (1 for holding sim cards)

Other:

- 1 Pouch w/ important travel documents
- 1 wallet
- 2-4 money/coin pouches
- blog and personal business cards